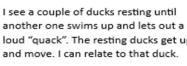


6



I see a couple of ducks resting until another one swims up and lets out a loud "quack". The resting ducks get up



out the city.

The flora is doing a great job of filtering

canopies of large trees and thick grass.

I sit near the large pond under dense

There is a large apartment complex

it's like to wake up every day and see this

tenw enigemi I .nebreg ent of theselbe



balcony at dawn, sipping coffee, taking in Aft no gnittiz flezym enigemi nent l

.ethe sights.

access to nature. are to have such realize how lucky they yedt ti bne leutin residents have such a I wonder how many



I decide these spaces bring life to the city. These spaces remind us we need small areas of refuge to pause, to break from the activity around us.

Even with the extra noise, the surrounding environment still exudes a sense of calm, of peace.

Or does the space layer a sense of peace over city life?

Do the reminders of modern life drain the serenity from this space?

A chopper whirs across the sky, and I contemplate...

Cut along dotted line.

know billy Ray was her dad. about Miley Cyrus. One of them did not free, I'm distracted by a couple talking was on Saturday. While focusing on a large The garden is more active today than it



garden. pizza testival in the park behind the for the harsher noises coming from the meditative state. Today it's merely cushion e to tuo em beqqens even bluow Had this been Saturday the conversation







and the second second

took, and observations and poetry I wrote

Friendship Garden. Included are photos I

The workshop took place at the Japanese

Phoenix Center for the Arts in November

meditation workshop I took through the This issue is the product of a writing and

production. Each issue will have a specific

Flippin' Great Zine, a Print and Flip

Welcome to the inaugural large of A

'amanı

information about the garden, visit

during that weekend. For more

Print. and u

moment to read my zine. posted at:

## https://printandflip.etsy.com.

If you'd like to contact me or leave feedback about this zine, feel free to leave a message over at https://printandflip.com/.

Thank you for taking a Future issues will be

Or do you move on and make a new discovery?

still room for you?

If you share it with the world, is there

Or do you share it with the world?

exclusivity?

Do you keep it to yourself and savor the

When you find something beautiful. When you find something serene.

" The Dilemma"



Issue 1, Nov. 2023

## "SNOITAMAITTA"



