



"AFFIRMATIONS"



Had this been Saturday the conversation would have snapped me out of a meditative state. Today it's merely cushion for the harsher noises coming from the garden.



The garden is more active today than it was on Saturday. While focusing on a large tree, I'm distracted by a couple talking about Milley Cyrus. One of them did not know Billy Ray was her dad.

A chopper whirs across the sky, and I contemplate...

Do the reminders of modern life drain the serenity from this space?

Or does the space layer a sense of peace over city life?



I decide these spaces bring life to the city. These spaces remind us we need small areas of refuge to pause, to break from the activity around us.

Even with the extra noise, the surrounding environment still exudes a sense of calm, of peace.

"The Dilemma"

When you find something beautiful.  
When you find something serene.  
Do you keep it to yourself and savor the exclusivity?  
Or do you share it with the world?  
If you share it with the world, is there still room for you?  
Or do you move on and make a new discovery?



Thank you for taking a moment to read my zine. Future issues will be posted at:

<https://printandflip.etsy.com>  
If you'd like to contact me or leave feedback about this zine, feel free to leave a message over at <https://printandflip.com/>.

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I wonder how many residents have such a ritual and if they realize how lucky they are to have such access to nature.



I then imagine myself sitting on the balcony at dawn, sipping coffee, taking in the sights.



There is a large apartment complex adjacent to the garden. I imagine what it's like to wake up every day and see this garden, the green, the ducks, the koi.

I sit near the large pond under dense canopies of large trees and thick grass. The flora is doing a great job of filtering out the city.



I see a couple of ducks resting until another one swims up and lets out a loud "quack". The resting ducks get up and move. I can relate to that duck.

